



# Bike Week Local Events 14-22 June

CycleHereford's annual bike-fest around town invites individuals of all ages to 'Cycle Hereford'. Just bring yourselves and a roadworthy bike to the meeting points below and enjoy the freedom of the bicycle, good company and fresh air! All rides are FREE and led by experienced cyclists.



## **Sunday 15 June**

### **'Breinton Springs Picnic Ride' - 2.30pm start**

Meet at West Door, Hereford Cathedral. A gentle ride to Breinton Springs for a picnic by the river, using mostly minor roads with a chance to visit Breinton Church en-route, before returning to the Cathedral. This ride is suitable for children accompanied by an adult. Don't forget to bring a picnic if you'd like to! We aim to leave Breinton at 4.20 to give us plenty of time to get back to the city. For details tel Mark on 01432 353275 or 07882410759

## **Tuesday 17 June - 'Cross Town Rides' - 6.30pm start**

Meet in front of the Shirehall, St Peter's Square. We will test the proposition that the bicycle is the best way to get around in Hereford. How many times can we cross Hereford in an hour (riding at a dignified pace and not jumping red lights)? For adults who would like to cycle more often. For details tel Paige on 01432 277857, co-ordinator@herefordshirefoe.org.uk

## **Wednesday 18 June - 'CycleSeeing' - 7pm start**

Meet at Tourist Office, 1 King St, Hereford (by Cathedral). An evening's jaunt around Hereford discovering unusual features and sites in the city. For details tel Martin 01432 353971, megilleland@hotmail.com

## **Friday 20 June - 'Hereford City Trail' - 7pm start**

Start from The Volunteer Pub, Harold Street, St James. Not suitable for children. This leisure ride for fairly confident cyclists will take people around the city, via main and side roads but also exploring quiet attractive routes, taking in lovely views and key destinations en route; approx 1.5 hours. For details tel Mark 01432 840848 cycling@image.cix.co.uk

**Check our website for any last minute changes or additions - [www.cyclehereford.com](http://www.cyclehereford.com)**

All events have been registered with National Bike Week and are fully insured for public liability through them.

[www.bikeweek.org.uk](http://www.bikeweek.org.uk)

